

UTERINE FIBROIDS: HOMEOPATHIC APPROACH

What Are Uterine Fibroids?

Uterine fibroids, also known as myomas, fibromyomas, myofibromas, or fibroleiomyomas, are noncancerous, benign growths in the uterus. These fibroids vary in size and location and can be classified as:

- Intramural: Inside the uterine cavity
- Submucosal: Within the uterine wall
- Subserosal: On the outer side of the uterus
- Cervical: Located in the cervix

Fibroids typically appear during the middle and later reproductive years, and they are more commonly seen in overweight women.

Causes of Uterine Fibroids:

- Genetic Factors: Women with a family history of uterine fibroids are at a higher risk.
- **Hormonal Influence:** The occurrence of fibroids during childbearing years suggests that female hormones, particularly estrogen and progesterone, play a significant role.
- **Obesity:** Being overweight increases the likelihood of developing fibroids.
- **Suppressed Emotions:** Suppressed sexual desires and emotional stress may be associated with fibroid formation in some patients.

Symptoms of Uterine Fibroids:

While many fibroids remain asymptomatic, they can cause various symptoms depending on their size and location, such as:

- Heavy, irregular, or prolonged menstrual bleeding
- A sense of heaviness in the uterus
- Pain in the lower abdomen
- Painful sexual intercourse
- Bloating
- Infertility
- Abdominal lump
- Frequent urination
- Bowel pressure with a constant urge to pass stool

Diagnosis:

Fibroids are primarily diagnosed through an abdominal ultrasound (USG).

Conventional Treatment:

Conventional medicine often treats fibroids by surgically removing them, sometimes along with the uterus. **Homeopathic Treatment for Uterine Fibroids:**

Homeopathy can be effective in treating early, mild, or moderate cases of uterine fibroids. However, in cases of large or multiple fibroids, the treatment may take longer, and homeopathy might not be the recommended option.

Homeopathy focuses on addressing the root cause of the disease, which in the case of fibroids is often hormonal imbalance. Unlike conventional treatments, which may only manage symptoms temporarily, homeopathy aims to correct the underlying imbalance, stopping further growth and helping shrink existing fibroids. Common homeopathic remedies for uterine fibroids include: Thlaspi Bursa Pastoris, Calcarea Carb, Sabina Officinalis, Sepia Officinalis, Ustilago Maydis, Fraxinus Americana, Trillium Pendulum and Erigeron Canadensis.

These remedies are selected based on the specific symptoms and overall health of the individual patient. For personalized treatment, reach out to Dr. Ronak Shah's Divine Homeopathy at 9825050054.